Post-Operative Instructions for Crowns and Bridges

1. Numbness of your lip, tongue or palate may persist for several hours. Do not chew gum, eat, drink hot liquids or smoke until the anesthetic has worn off to prevent injury from accidentally biting or burning oneself.

2. Soreness may occur at the tooth, the surrounding gum, the injection sites or the jaw joint. If these symptoms occur, apply moist heat to the affected area. You may also take an over the counter analgesic/anti-inflammatory such as Ibuprofen (600mg every 8 hours) or Tylenol (325 mg every 6-8 hours). Only take if you are medically able to do so.

3. A temporary restoration made out of acrylic has been placed on your tooth. Avoid sticky or crunchy foods to avoid loosening or fracturing this restoration.

4. If the bite feels "high" on the temporary restoration, please call the office to have it adjusted. Failure to do so can result in a toothache or fracture of the temporary.

5. Brush your temporary restoration gently. When flossing, floss down normally then slide the floss out from between the teeth instead of lifting it back up to avoid loosening the temporary.

6. If your temporary restoration loosens, call the office to have it re-cemented. If you're unable to come in, a thin layer of denture adhesive powder/paste applied inside the crown or bridge will hold it in place temporarily.

7. On occasion the pulp of the tooth may get aggravated following any restorative procedure due to a variety of reasons. If this occurs, further treatment, such as root canal therapy, may be necessary.

8. Regular dental examination are important to maintain function and appearance of one's crowns, bridges, etc.

If you have any questions, please feel free to call the office at (512) 452-5713